

# metro

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Wednesday, August 23, 2017 metro.us | t: MetroNewYork | f: MetroNewYork



Preseason  
a silly risk  
for NFL's  
biggest  
stars. 23

## OUT OF TOUCH

Millionaire wife of treasury secretary calls out Oregon mom. 10

Talking with the Tick and  
his sidekick, too. 17

# JUST THE TWO OF US

As NYC prepares for the  
first debate of the mayoral  
race, controversy has  
started around how only  
two hopefuls from the  
larger field of candidates  
were included in the  
event. 4



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## WELCOME TO METRO.US!



LENYON WHITAKER, MULTIMEDIA EDITOR

Good morning! Chelsea Clinton wants you and everyone else to leave Barron Trump alone. She recently defended Donald Trump's youngest son Barron in a tweet after the conservative news site Daily Caller published an article bashing the 11-year-old's fashion choices. Find out what she said at [metro.us/news](http://metro.us/news).

## US PUTS MORE PRESSURE ON PAKISTAN TO HELP

The U.S. put more pressure on Pakistan to help it with the war in Afghanistan, suggesting it could downgrade Islamabad's status as a major non-NATO ally if it does not crack down on Islamist militants. A day after President Donald Trump singled out Pakistan for harboring Afghan Taliban insurgents and other militants, U.S. Secretary of State Rex Tillerson said Washington's relationship with

Pakistan would depend on its help against terrorism. "We are going to be conditioning our support for Pakistan and our relationship with them on them delivering results in this area," Tillerson told reporters. U.S. officials are frustrated by what they term Pakistan's unwillingness to act against groups such as the Afghan Taliban and the Haqqani network. Pakistan denies that it harbors militants fighting the U.S. and Afghan government.

## CHARLOTTESVILLE TO COVER STATUES

City councilors in Charlottesville, Virginia, voted unanimously on Tuesday to cover two statues of Confederate war heroes in black fabric after ejecting spectators from a chaotic council meeting as residents demanded answers over how a recent white nationalist rally turned deadly. Many activists and local residents crowded into the meeting, which began late Monday and spilled into the wee

hours of Tuesday. It was the first council meeting since the Aug. 12 rally, when a car plowed into a group of counter-protesters and killed a 32-year-old woman. Many at the meeting shouted at the councilors and Mayor Mike Signer, forcing them at one point to leave the chamber. Videos posted on social media showed some in the crowd yelling "shame" and "shut it down" and calling for Signer's resignation.

## 'DINER EN BLANC'

Thousands of diners participate in the annual "Diner en Blanc" (Dinner in White) at Lincoln Center on Tuesday evening in New York City. Diner en Blanc began in France nearly 30 years ago. Attendees all must wear white clothing and bring their own picnic food and white tables clothes. It's the second time the event, which is held in cities around the world, has been held at Lincoln Center. GETTY IMAGES



5  
THINGS YOU  
NEED TO KNOW

## BODY REMAINS FOUND IN HULL OF US DESTROYER

Divers found some human remains inside sections of a U.S. guided-missile destroyer that collided with a merchant vessel near Singapore. The USS John S. McCain and the tanker Alnic MC collided on Monday while the U.S. ship was approaching Singapore on a routine port call. The impact tore a hole in the warship's port side at the waterline, flooding compartments that included a crew

sleeping area. U.S. Pacific Fleet Commander Admiral Scott Swift said an international search-and-rescue operation had found some remains and that the wider search for 10 sailors missing from the accident would continue until all hope was exhausted. "The divers were able to locate some remains in those sealed compartments during their search," Swift told reporters at Singapore's Changi Naval Base.

## BARCELONA TERROR CELL PLANNED BIGGER ATTACK

An alleged member of an Islamist cell suspected of carrying out last week's Barcelona van attack told a Spanish court that the group had been planning a bigger strike using explosives. The testimony to a closed hearing at Spain's High Court came from Mohamed Houli Chemlal, one of four detained suspects brought to Madrid to testify for the first time in court about the plot. Two of the suspects told the court that Abdel-

baki Es Satty, the imam in the small town in northeastern Spain where many of the group came from, was the instigator, the source said, adding that the public prosecutor had asked the judge to send all four to jail while investigations continued. El Mundo newspaper said Chemlal told the court that the group planned to attack architect Antoni Gaudi's landmark Sagrada Familia church and other monuments but this could not be confirmed.

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# Democrats Albanese and de Blasio face off in first mayoral debate

The jilted candidates and an expert on New York's mayoral history also weigh in.

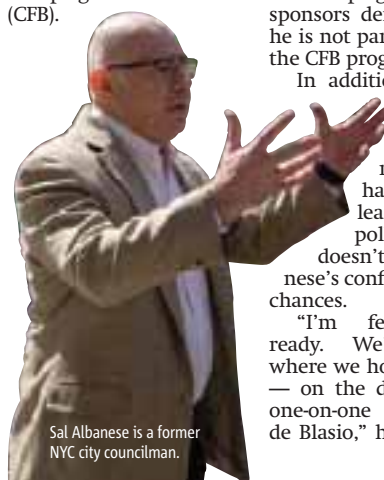


NIKKI M. MASCALI  
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Though there are several Democrats vying to be the next mayor of New York City, just two will face off Wednesday night at the first Democratic mayoral debate.

Incumbent Mayor Bill de Blasio will debate lawyer and former City Councilman Sal Albanese Wednesday at 7 p.m. at Symphony Space on the Upper West Side.

Attorney Richard Bashner, police reform advocate Robert Gangi and entrepreneur Michael Tolkin are forced to sit out because they did not meet requirements set by the city's Campaign Finance Board (CFB).



Sal Albanese is a former NYC city councilman.



Many polls show Mayor de Blasio on a path to re-election. ALL PHOTOS GETTY IMAGES

According to CFB data from Tuesday, de Blasio has raised more than \$4.8 million for his campaign, while Albanese raised \$191,200. Tolkin raised more than \$8.2 million, but remains excluded because he forgave a personal loan to his campaign so media sponsors denied him as he is not participating in the CFB program.

In addition to being the fundraising frontrunner, de Blasio has also been leading the polls, but that doesn't deter Albanese's confidence in his chances.

"I'm feeling very ready. We're exactly where we hoped we'd be — on the debate stage, one-on-one with Mayor de Blasio," his campaign

said. "This debate will give a larger segment of the public an opportunity to see exactly who I am, where I stand on the issues and why I would be a good mayor."

Albanese believes the drastic difference in funding is what makes him stand apart.

"Everywhere I go, people tell me that they are looking for an alternative to Mayor de Blasio, someone who has the experience, the ideas and also the willingness to be a true reformer," he said.

De Blasio plans to highlight his past four years in office, including affordable housing, education and "things we just did with the City Council, like making sure anyone facing eviction has a lawyer to stop illegal evictions and harassment by landlords,"

## How to catch the debate

**WHO:** Incumbent Mayor Bill de Blasio and lawyer and former City Councilman Sal Albanese

**WHEN:** Wednesday, Aug. 23, 7 to 8:30 p.m.

**WHERE:** Symphony Space (2537 Broadway)

**HOW TO WATCH/LISTEN:** NY1 / NY1 Noticias (TV) and WNYC (radio). NY1.com will also have a live stream.

he said at a press conference Tuesday. "I'm going to talk about crime going down for four years in a row. I think that's what people want to talk about. And they want to know what's next,

what's going to make it better and how are people going to afford to live here."

Though both de Blasio and Albanese are seasoned — this is the latter's third run for mayor — both have been practicing for their faceoff.

"I have been preparing. We've done a number of prep sessions," de Blasio said Monday. "I never take anything lightly. I've been an underdog in essentially every race I've been in. This is a different dynamic, but it doesn't change my preparation."

Albanese prepped all weekend, "and we had Democratic public advocate candidate David Eisenbach play the part of Mayor de Blasio. David knows the issues and — bonus — he has the height."

## ANALYSIS

### A political expert answers key questions about the mayoral race

Joseph P. Viteritti, professor of public policy at Hunter College, will release "The Pragmatist: Bill de Blasio's Quest to Save the Soul of New York" on Sept. 5. While the mayor is the central focus, the book also offers an in-depth history of city mayors from Fiorello La Guardia to Michael Bloomberg.

### Your thoughts on this mayoral election?

There's not much of a contest this year it seems. Most polls indicate Bill de Blasio is on his way to being elected.

**With issues from transit to Trump facing New Yorkers, is there one element that could make or break a candidate?**  
No, I don't think so.

### What are your thoughts on the CFB?

Our campaign finance law is one of the best in the country, and any law is going to have a cutoff point on who should be included ... somebody is going to be left out. It's a bit lopsided now because you don't have strong candidates now to challenge the mayor, which is unfortunate in a way because I think it would be a healthier democratic process if there were.

**De Blasio won with 73 percent of the vote in 2013. Do you think if he wins the primary, he'd see numbers like that again?**

I will not be surprised if you see an outcome that is very similar to what it was four years ago. Unfortunately, you're probably going to see a low turnout, which is unhealthy for the democratic process.

### What can candidates do to encourage voters to get out?

I don't think there's a magic equation. I think people have lost faith in the democratic process, they understand that money matters, they've become much more cynical, and in a situation like this where you have someone who is probably going to walk away with the contest, some people will say, "It's already settled. Why bother?"

NIKKI M. MASCALI

## Other candidates speak up about the debate

Robert Gangi, who plans to protest outside the debate: "The debate sponsors are doing a disservice to New Yorkers by not providing them an opportunity to hear from all candidates who've qualified for the primary ballot. The powers that be have continued to move the bar for debate participation in a way that, whether by intention or not, has the effect

of creating a fundamentally unfair and undemocratic process. These actions box out differing voices from the election process and reinforce rather than reduce the central and influential role that money plays in our politics. New Yorkers deserve, New Yorkers need better."

**Mike Tolkin:** "It is grossly unfair and sets

a dangerous precedent for the sponsors to arbitrarily make up new rules on the fly. Many of the New Yorkers I speak with, whether it be in the streets or in conversations through social media, have told us that this is the first time that they have felt heard, that this is the first time they are excited to get involved in politics. I do not understand why anyone, let

alone the independent media, want to keep our campaign out of a debate. It is the responsibility of the media sponsors to ensure that New Yorkers are empowered to make the most informed choice on Election Day."

**Richard Bashner's** campaign did not respond to a request for comment by press time.

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Mike Tolkin will be sitting out Wednesday night's debate.



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# NYC criminal court won't be fair until all evidence is shared, advocates say

How and when prosecutors release evidence in criminal cases in New York City needs to be reformed, a group of advocates says.



**SAM NEWHOUSE**  
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Angel De La Cruz, 53, spent 25 years incarcerated for a 1991 murder in the Bronx that he said he did not commit.

He claims prosecutors were able to get a jury to convict him because they didn't release all the evidence in court — specifically, that the main eyewitness who identified De La Cruz changed their testimony from “I don't

remember” to “It was him.” (The Bronx DA's office did not respond to a request for comment on the De La Cruz appeal.)

“What they do is they give you all this information at the last minute. ... You can bring it up

later as ‘newly discovered evidence,’ but it's not ‘newly’ because you had this all along,” De La Cruz said. “They hold the good stuff for themselves and they give you bits and pieces. ... It deprives the defense lawyers the chance of preparing.”

De La Cruz joined a group of community leaders and criminal justice reform advocates demanding change to New York City's “discovery” procedure, which dictates how evidence is shared in court, outside Manhattan Criminal Court. They want police and prosecutors to be required to turn over all evidence in every case, rather than having the discretion to pick what evidence is submitted.

Some say the “discovery” process is a crucial way the criminal justice system is stacked against defendants. But it is one that has received startlingly little scrutiny in an era of calls for reform. Currently, in New York, most evidence is only released the day before trial begins.

“We're trying to get CPL 240 [the New York criminal procedure law pertaining to discovery] repealed, and put in more just and sane rules, which basically require the prosecutor to turn over evidence within a reasonable amount of time,” said Syed Ahmed, a lawyer and board member with Discovery for Justice, which organized Tuesday's rally to call for support of legislation that could change the state laws.

isolation that could change the state laws.

The Supreme Court's 1963 Brady decision established that prosecutors must turn over all exculpatory evidence to defendants. But in New York, non-exculpatory evidence doesn't have to be turned over under 240, Ahmed said, and prosecutors “get to decide what evidence is exculpatory or not.”

Changing that could help the system operate more fairly, he said. Guilty defendants knowing the evidence against them might plead out more quickly, while defendants with some or no responsibility could present a more educated defense.

State Sen. Jamal Bailey and City Council Member Andy King both spoke in support of changing the laws at the rally. Assemblyman Joseph Lentol and state Sen. Tony Avella have introduced bills, which have also gotten the support of the New York State Bar Association, to change the laws at the state level.

Ahmed argued that the system won't be fair until defendants are guaranteed a look at all evidence against them before trial.

“What if this person is not guilty and is being pigeonholed and forced to take a plea without knowing what's out there, and the only reason is they don't want to risk going to trial and facing the maximum?” Ahmed asked. “That leads to unfair outcomes. This is a question of fundamental fairness.”

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New York state Sen. Jamal Bailey speaks at a Discovery for Justice rally outside Manhattan Criminal Court. PROVIDED



# Trump has made over 1,000 false statements since becoming president

The president is slated to hit his 2,000th lie by the end of the year.



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Since the day President Donald Trump set foot in the Oval Office he has planted a pasture of untruths that grows bigger each day.

Seven months into the job, Trump has spoken a lie a whopping 1,057 times, according to The Washington Post's fact-checking team.

It means the president has uttered a falsehood an average of five times a day since his inauguration on Jan. 20 — and he's only quickening his pace. At the six-month mark, Trump was averaging 4.6 lies per day. At his current rate, he'll hit his 2,000th lie by the end of his first year in office.

Trump started his presidency out on an untruthful foot almost immediately by claiming (more than once) that the crowd at his inauguration was the biggest ever, despite numerous aerial images showing it was clearly smaller than the crowd that greeted former President Barack Obama at his inauguration in 2009.

That first lie led the Trump administration down a long and wind-

ing path of one "alternative fact" after another — Trump adviser Kellyanne Conway coined the phrase two days after Trump took the Oval Office.

But it hasn't stopped there — more than 30 of the Trump's false statements have been repeated three or more times.

*"Obamacare, as one of the big insurance companies had said, is in a spiral. It's in a death spiral. It is dead."*

This is, by far, Trump's favorite lie. He has also claimed the Affordable Healthcare Act is "dying" or "exploding" — a claim the Congressional Budget Office has refuted, concluding the Obamacare exchanges have issues, but are expected to remain stable for the foreseeable future.

Trump has uttered this falsehood 50 times.

## 30

NUMBER OF TRUMP'S  
FALSE STATEMENTS  
THAT HAVE BEEN RE-  
PEATED THREE OR  
MORE TIMES

*"ExxonMobil is going to be investing \$20 billion in the Gulf Coast and the Gulf Coast region. ... This was*

*something that was done to a large extent because of our policies and the policies of this new administration having to do with regulators and so many other things."*

This is one example of a pattern by Trump

to take credit for business decisions and deals that happened months before he took the oath of office or even before his election. In the case of ExxonMobil, the company began making the investments in 2013, long

before Trump's March announcement.

*"I was able to get \$600 million approximately off those [F-35 fighter planes]."*

Trump announced the cost cut Jan. 30, but

manufacturer Lockheed already had planned cost reductions, announcing in a Dec. 19 briefing that costs would come down "significantly." That was weeks before Trump started meeting with the company.



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President Donald Trump has been lying often. GETTY IMAGES



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# NYC considers removing statue of doctor who experimented on slaves

City Council Member Melissa Mark-Viverito has called for the removal of a statue of Dr. J. Marion Sims.



AMY RUSSO  
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letters@metro.us

As the U.S. takes a hard look at its Confederate monuments, New Yorkers are calling for the removal of a Central Park statue honoring Dr. J. Marion Sims in an effort spearheaded by Council Member Melissa Mark-Viverito. The East Harlem statue, at Fifth Avenue around 103rd Street, pays homage to a surgeon who experimented on black women and girls without their permission or administering anesthesia.

Although it has thoroughly acknowledged and explained on its website the disturbing history



This statue of Dr. J. Marion Sims has recently stirred controversy.  
WIKIMEDIA COMMONS

of racial abuse that lies behind Sims' work, so far, the Parks Department is keeping the statue, having rejected every past request for its removal.

But Mark-Viverito says the time for change is now.

"El barrio residents have waited long enough for the city to act," she said in a statement Monday, calling on the Parks Department and Mayor de Blasio to remove the mon-

ument. "At a time when neo-Nazis, white nationalists and hateful right-wing extremists run rampant throughout the country with impunity, we must send a definitive message that the despicable acts of J. Marion Sims are repugnant and reprehensible."

The mayor recently announced "a 90-day review of all symbols of hate on city property" and reportedly said the Sims statue would receive attention.

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## Millionaire wife of Treasury Secretary Steven Mnuchin calls Oregon mom 'out of touch'

Louise Linton, millionaire wife of Treasury Secretary Steven Mnuchin, attacked an Oregon mother for "being out of touch" while simultaneously mocking her for not being wealthy enough.

On Monday night, Linton posted a photo of her husband and her getting off an Air Force jet, hair blowing in the wind. Linton tagged the designers she was wearing.

"Great #daytrip to #Kentucky! #nicest #people #beautiful #countryside #roland-mouret pants #tomford sunnies, #heresscarf #valentinorockstudheels #valentino #usa," Linton wrote.

It wasn't Linton's misuse of hashtags that got her in trouble — it was that she was treating an official trip like a runway fashion shoot.

"Glad we could pay for your little getaway. #deplorable," wrote jennimiller29.



Louise Linton accused an Oregon mom of being out of touch. WIKIMEDIA COMMONS

nimiller29.

In response, Linton examined jennimiller29's Instagram feed, noting the Oregon mother's children in a response filled with classist attacks.

"@Jennimiller29 cute!....Aw!! Did you think this was a personal trip?! Adorable! Do you think the US govt paid for our honeymoon or personal travel?! Lololol. Have you given more to the economy than me and my husband? Either as an

individual earner in taxes OR in self sacrifice to your country? I'm pretty sure we paid more taxes toward our day 'trip' than you did. Pretty sure the amount we sacrifice per year is a lot more than you'd be willing to sacrifice if the choice was yours. You're adorably out of touch. Thanks for the passive aggressive nasty comment. Your kids look very cute. Your life looks cute," Linton wrote.

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Sometimes, all it takes to recommit to war is a woman in a short skirt. WIKIMEDIA COMMONS

# HR McMaster sold Trump on plan for Afghanistan with photo of women wearing miniskirts

The photo was supposed to prove Western norms can exist in Kabul.



ERIN TIERNAN  
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Sometimes all it takes is a woman in a short skirt — or at least that's what it reportedly took to convince President Donald Trump to send more United States troops to fight in Afghanistan.

Trump has been musing options on how the U.S. should proceed in the embattled Middle Eastern nation since he took office in January and his decision to increase troop numbers in the region is a marked turnaround from his earlier views that the U.S. should pull out entirely.

So what did it take to change the mind of a president who in 2013 said, "we should leave Afghanistan immediately," calling the 16-year conflict "a total disaster" that is "wasting our money"?

It took a black-and-white photo from 1972 of women walking through Kabul in mini skirts, according to a Washington Post report.

H.R. McMaster, Trump's national security adviser and a lieutenant general in the U.S. Army, showed the president the photo in a reported attempt to prove to Trump that Western norms could exist in Afghanistan in hopes that would persuade him to recommit to the war.

Trump had been weighing a few options on how to proceed including privatizing the military effort, firing the

current military commander and pulling out altogether, before he ultimately announced on Monday that the U.S. would be augmenting troops.

"This has been many months in the making," said Kellyanne Conway, counselor to the president. "The hallmark of leadership is a deliberative process, not an impulsive reaction, and that is precisely the protocol he followed here."

McMaster initially advocated sending tens of thousands of troops to aid the already 8,400 fighting in Afghanistan. Trump has instead opted for a more modest troop increase — The New York Times estimated roughly 4,000 more troops could be sent overseas.

In his address Monday night, Trump offered his reasoning for his change of heart in how to handle Afghanistan.

"My original instinct was to pull out, and, historically, I like following my instincts," Trump said in a televised address Monday. "But all of my life I heard that decisions are much different when you sit behind the desk in the Oval Office."



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## NEW YORK CITY

### Village Voice to end print edition after nearly 62 years

The Village Voice, the alternative weekly newspaper co-founded by Norman Mailer and known for its culture coverage and investigative reporting, said on Tuesday it will end its print version and continue as an online-only publication.

Peter Barbey, who purchased the newspaper from Voice Media Group in 2015, said in a statement the move is part of media's migration to the internet and that its readers now expect "a range of media, from words and pictures to podcasts, video, and even other forms of print publishing."

The publication is still considering when it will end the print edition, said Luke Carron, a Village Voice spokesman.

The newspaper has been distributed free in the New York City area since 1996 and was mostly supported by classified advertising, which declined with the rise of Craigslist and other internet outlets.

The company has discussed a number of potential partnership opportunities, and will continue to host events like The Pride Awards, which honors work in LGBTQ communities, Barbey said in the statement.

The Voice was started by Mailer, the Pulitzer Prize-winning author, and three others in New York's Greenwich Village in 1955. It became a forerunner of the alternative weekly press movement that challenged mainstream newspapers in cities around the nation with their coverage of art, politics and other news.

The newspaper started the Obie Awards for off-Broadway theater and its three Pulitzer Prize winners include cartoonist Jules Feiffer. Investigative reporter Wayne Barrett and music critic Nat Hentoff wrote for the Voice for decades and it also published the works of writers such as Ezra Pound, James Baldwin, Lester Bangs and Allen Ginsberg.

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# Why Aren't Doctors Telling About These Two Often

## *Two Advanced Medical Treatments Every Knee Arthritis Sufferer*

New York City, New York

**NY Pain MD is a medical group with locations in Midtown NYC and Downtown NYC that has treated thousands of knee arthritis and joint pain patients.**

**Here is what every knee arthritis sufferer should know about the best treatments and options available today. Including when and why you should consider each of these 2 treatment approaches to get maximum results.**

If you suffer with knee or other joint arthritis pain, you have probably already tried many treatments ... especially countless pain medications. Experienced doctors understand that, even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for knee arthritis pain... they are rarely the answer over the longer term.

In most cases they have minimal results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

### **Are There Any Better Options?**

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis to help relieve the pain.

*There are two options that many knee arthritis sufferers have never heard of.*

Before we get into the two treatments, please understand this...

**NY Pain MD** is a well established medical clinic that has treated thousands of knee arthritis sufferers and joint and back pain sufferers. Patients travel from all over the area and even several states away from NYC to be treated at one of their clinics because they want the best medical treatments available. What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or non-medical treatments promoted on the internet.

**Know this fact: There is no cure for arthritis.** But there are these two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better results.

### **#1 Viscosupplementation**

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into

that, here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your knee.

In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid." Pharmaceutical companies (with the help of scientists) can now make natural synovial fluid gel-like compounds that, during viscosupplementation, treatments... doctors can precisely introduce directly into the knee and other joints.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

### **What Results Can Be Expected?**

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

### **But There Is A BIG Problem**

The key is the treatment must be EXTREMELY PRECISE. If the injection is slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at **NY Pain MD** use Precision Arthritis Targeting Technology or P.A.T.T. so they can actually see the medicine going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without imaging technology can miss the joint as much as 30% of the time.

If you have tried viscosupplementation without this imaging technology and without good results - this may very well be why.

That's why **NY Pain MD** takes it even one step further. They do not just use one-step process of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

### **Another Important Factor**

Viscosupplementation medications also come in several different "brands" or formulas. Like all medications, some people respond better to one than another. So, the experts at **NY Pain MD** use several and great effort is taken to figure out what is the best one for YOU.

One last thing: The experts at **NY Pain MD** have found that earlier you start viscosupplementation the better.

This is most likely because the longer you wait - the more joint destruction takes place.

That's why **NY Pain MD** is now seeing so many patients as young as 35 to 40.

**Summary:** If you have arthritis pain and have not tried Viscosupplementation you should look into it as soon as possible.

If you have tried it without good results, you may still be able to get great results with the proper targeted imaging and specific medication.

### **What Should You Do If Viscosupplementation Fails?**

When conservative treatment, including viscosupplementation fails ... most knee arthritis sufferers believe their only option is total knee replacement surgery.

**This is not true...and here is why**

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

### **#2: Radiofrequency Treatment**

This treatment is technically called, "Radiofrequency Neurotomy." Or RF for short.

RF is a procedure that is based the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.



# Knee Arthritis Suffers Successful Treatments?

## *Needs To Know - Before Or After Knee Replacement Surgery*

Several branches of nerves that surround the knee are known as "genicular nerves."

Radiofrequency waves are delivered to the genicular nerves under advanced imaging to "block" the nerve from transmitting pain signals.

There are two distinct parts to this treatment. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, then one two week later, Radio Frequency waves are applied for long term relief.

### Is It Safe?

Research has shown this to provide relief for patients and the procedure to be safe and effective.

One study published November 4, 2010 in the journal *Pain* found that RF treated subjects on average "achieved at least 50% knee pain relief at 1,4 and 12 weeks, respectively. No patient reported a post procedure adverse event during the follow-up period.

Some studies indicate some patients may get years of relief in some cases." RF neurotomy (radio frequency treatment) of genicular nerves leads to

significant pain reduction and functional improvement in a subset of elderly chronic knee osteoarthritis pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all procedures, results will vary patient to patient.

### Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and viscosupplementation do not offer good enough results.

*RF can be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.*

*RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.*

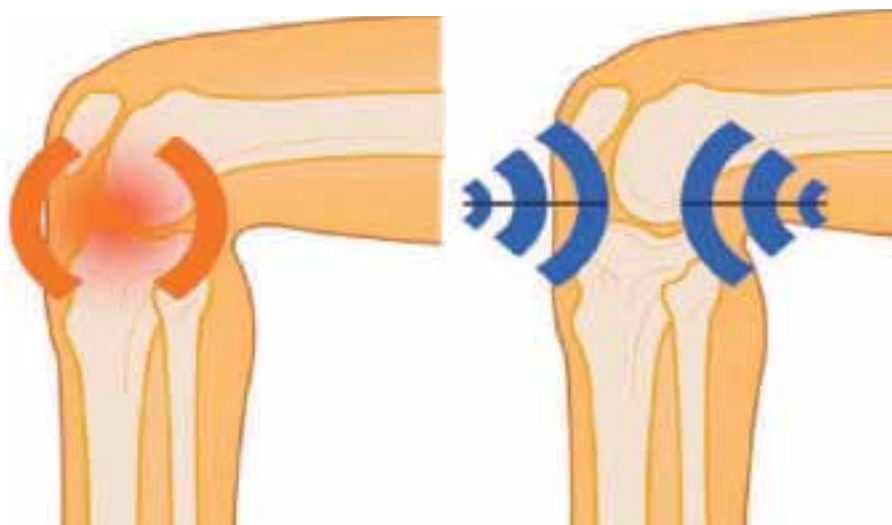
*The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and provided relief.*

### What To Do Next If You Are In Pain

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof.

## Advanced Treatment Uses Medical Radio Frequency Waves To Relieve Pain



**Science rescues knee arthritis sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many. Many patients still in pain after a knee replacement may respond very well to these treatments allowing the possibility of avoiding additional surgery.**

This way, the doctors working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

Several experts work as a team to offer you the best treatment options at the appropriate time to maximize results. It is also very convenient to have all your doctors and treatments in one place. Traveling to different offices can be time consuming and even more expensive.

*NY Pain MD* believes this "X" factor is one of the reasons so many knee arthritis sufferers travel from all over to be treated at their advanced medical clinics.

*NY Pain MD* offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at *NY Pain MD*

If you would like a complimentary screening, just call 800-632-8290 and tell the scheduling coordinator "I would like a complimentary knee arthritis screening." The screenings fill up fast every month. If you do not call in time to get one this month, the scheduling coordinators will get you appointed for next month

This screening is no cost and no obligation. Many of the treatments offered are covered by many insurance plans and Medicare

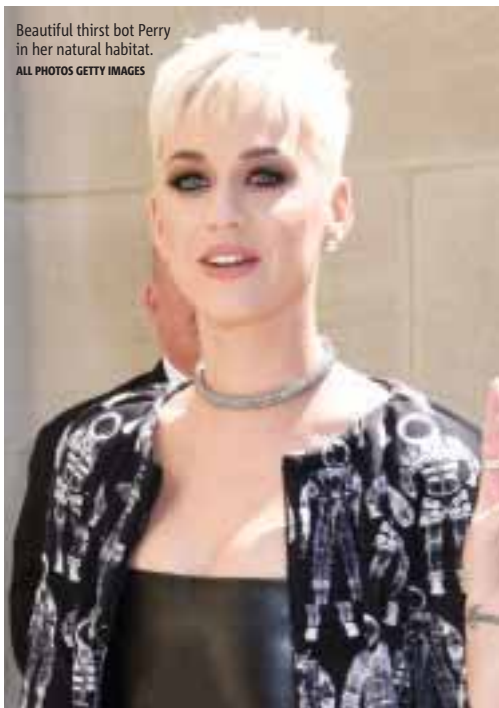
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## Katy Perry plays coy

Katy Perry is playing coy about the recent rumors that she and ex-boyfriend Orlando Bloom are back on. If she could just go away for a tiny bit and give us all a break, I would like that very much.

During an interview on SiriusXM's "The Morning Mashup" earlier this week, the singer addressed said rumors, saying "Well, you know, I think people are in and out of your life. It's nice to keep people you love around you," Perry, explained. "When you get older, lines get blurred. And you know what? I'm really busy. I'm about to go on tour

for another year."

So, yeah. Not really sure what she's trying to say here. Is she doing this thing? Is she not? Is there just a swirl of melted cotton candy where her frontal lobe should be? Because, that's like, kind of her thing? So many questions, so few answers.

Anyway, this is all because Perry and Bloom were spotted getting cozy at an Ed Sheeran concert a couple of weeks ago. Of course they were. Because nothing is more romantic than those Ed Sheeran songs you hear in the grocery store.



## Miles Teller is engaged

Miles Teller — a man once praised by Esquire for kind of being a dick — put a ring on it. That's right: the "Fantastic Four" actor is engaged to longtime girlfriend Keleigh Sperry. Cool, I guess!

Teller reportedly proposed on a safari in Africa, which, why? The couple, who have been dating since 2013, waited to announce their news so as not to upstage Sperry's sister, who got married in July. How



very nice of them.

Teller is usually in the news for some tomfoolery, so this is a nice change of pace. Well, at least it's better than the last time we talked about him — when he partied hard and got arrested for said partying.

For a moment, he was just like any other normal, getting garbagged in San Diego and then getting arrested for public intoxication. You know, as you do.

Anyway, congratulations, I guess!

## Mariah Carey too has low self-esteem

If Mariah Carey has low-self esteem, what hope is there for the rest of us?

In an interview with Page Six, the pop diva admits that she suffers from "low self-esteem," but I for one am not convinced that she knows that those words mean, especially when used together. "I just feel like I am a regular human being and I deserve the same respect as anybody else," she said.

Which, she knows she's lying, right? Like, sure, she's a human being. But she knows that we know that she thinks she's better than human, right? She's a dang

diva. And that's fine!

"I have always had low self-esteem," she continues. "And people do not recognize that ... I can't measure what type of respect I deserve — I really can't."

Is Mariah trying a new look on? Like, a humble one? Because, do not want. Imagining a world where Carey has low-self esteem is not a world I want to live in, no thank you.

But yeah: The diva to end all divas is trying on humility for size. And babygirl, I have to tell you: it's not a great fit. You're better than humble, babe. You're Mariah.



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# Griffin Newman: Trump just needs the Lasso of Truth

Newman and Peter Serafinowicz — stars of “The Tick” — nerd out about comics, comedy and of course, dumping on Trump.



RACHAEL VAUGHAN CLEMMONS  
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Sitting down with Griffin Newman and Peter Serafinowicz, who play the slightly unhinged heroes of Amazon’s “The Tick,” we notice right away that the mismatched pair mirror their characters. Newman shuffles in first, his hands clenched inside of his sweater, impossible to see beyond his sleeves. Serafinowicz follows — a gentle giant with a soft, inviting British accent. “Cool glasses, by the way,” he says — and man, does this dude believe in eye contact. “Do they do a monocle in those?”

After that, he dismisses the PR woman who has been hovering near the door and the



Can't get enough of these two. JESSICA MIGLIO/AMAZON PRIME VIDEO

three of us get down to brass tacks. What was supposed to be a quick round of lightning questions turns into something that’s less an interview and more watching Newman — who plays the nebbish sidekick-turned-hero Arthur Everest, and Serafinowicz, the Tick himself — have their own conversation, where we’re allowed the occasional aside.

Here, we talk comics, sketch comedy and how to undo President

Trump’s misdeeds.

**“The Tick” is the first time either of you have played a superhero. Who are some of your favorites?**

**Griffin Newman:** My boring answer is Spider-Man. He just so archetypically represents everything that I love: the outsider as superhero. Someone who has all this power, but never feels high status and is so defined by their choice to do the right

thing rather than being innately heroic. It’s an act of decision on a daily basis.

I really like the new Ms. Marvel. Centurion is another Marvel character I love.

**Peter Serafinowicz:** So what was the question? What are your favorite 25 superheroes?

**GN:** Yeah, I got 22 left to go.

**What’s your favorite comedy on TV right**

**now?**

**GN:** “Fleabag” is my favorite thing I’ve seen in the last year. It’s a perfect example of “it’s the singer, not the song.” Because you can’t describe that show to anyone and make it sound like anything you haven’t seen a thousand times. It’s just how well executed it is, and how specific the character is. It’s a brutal show at times.

**PS:** I love “Better Call Saul,” which is less of an out-and-out comedy. But it has two of my all time favorite comedians, Michael McKean and Bob Odenkirk. They’re just f—king amazing actors. Particularly Bob — he’s such a great actor and nobody was as familiar with him in that capacity.

**What superpower do you think we need to take down the current administration?**

**GN:** We have this conversation every day on set — what is it going to

take that would actually do this guy in?

**PS:** In all honesty, there must be spies ready to assassinate him. This is the way the world works, isn’t it?

**GN:** It would be the most cathartically satisfying thing if you could get him under Wonder Woman’s Lasso of Truth. Get him tied up for just 30 minutes and get him to just admit he doesn’t care about anyone. I think he’s physically incapable of telling the truth without a lasso.

**PS:** What I would do is get Superman to kiss him passionately for a long time. Like 10 minutes. And he would forget everything that he learned since he was a baby. But if Trump had the mental faculties of a baby, of a one-day-old baby, he would still thrive in the f—king White House.

*This interview has been edited and condensed.*



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# Why George R. R.

Metro sat down with the bestselling author of epic fantasy novel series "A Song of Ice and Fire," the basis for HBO's "Game of Thrones."

the "Game of Thrones" television series actually moved ahead of the books. But the author still doesn't have an answer.

"The book series and TV adaptation go their separate ways," Martin told Metro. "On the screen characters are killed right and left. About 20 of them have died already, which are quite alive to me and will appear in a new book."

The latest rumor is

that "The Winds of Winter" will be completed next year, but Martin is in no rush to hit a particular deadline.

"I did not start to write slower over the years," the American author explained. "I was working on the first book for six years and four years on the second one. Fantasists who release their novels every year do not offer books of large volume. These are not 1.5k pages like mine, but, for example, 500. In addition, I have not become younger. Age does not add enthusiasm."

## No politics

George Martin doesn't want readers to project the events from "Game of Thrones" to reality. There is no connection.

"Seven kingdoms are trying to unite against a common enemy—White Walkers, but this is not an allegory," author said. "If I wanted to write about the real world, I would have done it."

## Why "Thrones"?

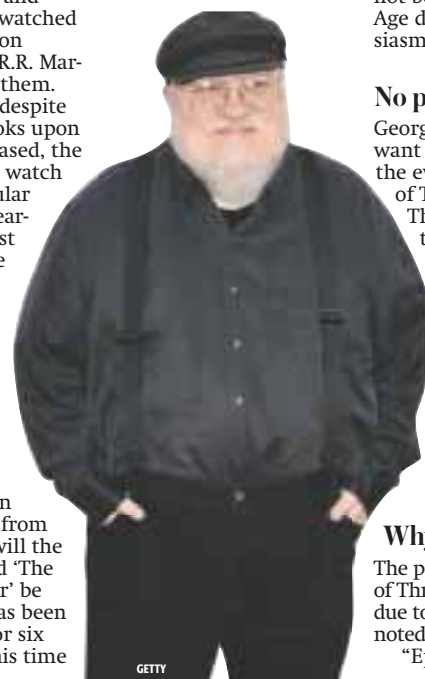
The popularity of "Game of Thrones" is not only due to the plot, Martin noted:

"Epic fantasy was

SVYATOSLAV TARASENKO  
@MWN  
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"Game of Thrones" is the most popular show on television. But while fans are eagerly anticipating the finale of its seventh season, and each episode is watched by over 30 million people, George R.R. Martin isn't among them. That's because, despite creating the books upon which they're based, the author does not watch the hugely popular series. The 68-year-old insists he just doesn't have the time because of writing and "touring."

Of course, Martin is still roundly recognized for his work on "Game of Thrones." In fact, the most popular question Martin receives from fans is, "When will the next book, titled 'The Winds of Winter' be released?" He has been working on it for six years. During this time



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# Martin doesn't watch 'Game of Thrones'

born with the advent of "The Lord of the Rings" by Tolkien. After that, there were very popular book series — for example, made by Robert Jordan and Terry Brooks. Nevertheless, they remained being made for teenagers. And if they were made a series, then it would be a story for children about magic and dragons. HBO, which launched the "Game of Thrones," pushed through all these conventions. They left a complicated plot, sex and violence."

That's why he believes that, despite the success of "Game of Thrones," there was never a boom of similar series based on other books of the genre.

## He doesn't accept ideas from fans

The American novelist likes to chat with fans about his work, but he

never uses their ideas in his future works.

"I have enough [ideas] of my own," Martin smiled. "Sometimes fan theories of the development of events look very grotesque, sometimes stunningly thought-through. But in any case, they do not lead anywhere. I will not say in response to the reader's version: Yes, I [intend] to do this. But I like to meet with fans."

## Who does Martin look like?

During the interview Martin repeatedly insists that from all of the characters of his story he feels closest to Tyrion Lannister, a dwarf and member of House Lannister.

"But, actually, I'm more like Samwell Tarly," Martin admitted.



Apologies to Brienne (L) and Sansa (R): George R. R. Martin is too busy finishing "The Winds of Winter" to watch "Game of Thrones." HBO

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[www.progressivemgmt.net](http://www.progressivemgmt.net)

This building is being constructed through the Low-Income Affordable Marketplace Program (LAMP) of the New York City Housing Development Corporation and the Low Income Rental Program (LIRP) of the New York City Department of Housing Preservation and Development.

#### Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

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- Mobility-disabled applicants (5%)
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Preference for a percentage of units goes to:

- Residents of Queens **Community Board 12** (50%)
- Municipal Employees (5%)

### AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	Monthly Rent	Units Available	Household Size	Annual Household Income <sup>1</sup>	Unit Size	Monthly Rent	Units Available	Household Size	Annual Household Income <sup>1</sup>
1 Bedroom	\$1,100	5	1 person	\$18,000 - \$24,000	1 Bedroom	\$1,100	5	1 person	\$18,000 - \$24,000
2 Bedroom	\$1,400	5	2 person	\$24,000 - \$30,000	2 Bedroom	\$1,400	5	2 person	\$24,000 - \$30,000
3 Bedroom	\$1,700	5	3 person	\$30,000 - \$36,000	3 Bedroom	\$1,700	5	3 person	\$30,000 - \$36,000
4 Bedroom	\$2,000	5	4 person	\$36,000 - \$42,000	4 Bedroom	\$2,000	5	4 person	\$36,000 - \$42,000

<sup>1</sup> Tenant pays electricity.

<sup>2</sup> Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

<sup>3</sup> Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

<sup>4</sup> Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

#### How Do You Apply?

Apply online or through mail. To apply online, please go to [nyc.gov/housingconnect](http://nyc.gov/housingconnect). To request an application by mail, send a self-addressed envelope to: **Archer Merrick, P.O. Box 20540, Floral Park, NY 11002**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

#### When is the Deadline?

Applications must be postmarked or submitted online no later than **October 16, 2017**. Late applications will not be considered.

#### What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

#### Español

Presente una solicitud en línea en [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **Archer Merrick, P.O. Box 20540, Floral Park, NY 11002**. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **16 de octubre 2017**.

#### 简体中文

访问 [nyc.gov/housingconnect](http://nyc.gov/housingconnect) 在线申请。如要获取本广告及书面申请表的中简体中文版，请将您的回邮信封寄送至: **Archer Merrick, P.O. Box 20540, Floral Park, NY 11002**。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 **2017年10月16日**。

#### Русский

Чтобы подать заявление через интернет, зайдите на сайт: [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Для получения данного объявления и заявления на русском языке отправить конверт с обратным адресом по адресу **Archer Merrick, P.O. Box 20540, Floral Park, NY 11002**. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее **16 октября 2017**.

#### 한국어

[nyc.gov/housingconnect](http://nyc.gov/housingconnect) 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 발송용 봉투를 **Archer Merrick, P.O. Box 20540, Floral Park, NY 11002**으로 보내 주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어 주십시오. **2017년 10월 16일** 까지 온라인 신청서를 제출하거나 소인인 찍힌 신청서를 보내야 합니다.

#### Kreyòl Ayisyen

Aplike sou entènèt sou sitwèb [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou paypay, voye anvlòp ki gen adrès pou retounen li nan: **Archer Merrick, P.O. Box 20540, Floral Park, NY 11002**. Nan dènye anvlòp la, ekri mo "HAITIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **oktòb 16, 2017**.

العربية  
يتمثل وقسم آخر، أرسل، الورقي الطلب والنموذج الإعلان لهذا العرض باللغة العربية ترجمة على للحصول. [nyc.gov/housingconnect](http://nyc.gov/housingconnect) الإلكتروني الموقع على الإنترنت طريق عن طلب تقدم  
جيب، "ARABIC" كلمة الإنجليزية باللغة المكتب المنظوف الخلفية الجهة على. **Archer Merrick, P.O. Box 20540, Floral Park, NY 11002** إلى وعنوانك اسمك.  
**2017 أكتوبر 16** قبل البريد بفتح ختمها أو الإنترنت طريق عن الطلبات نماذج إرسال

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LOVE WHERE YOU LIVE

# Alarm clocks to wake up to (instead of your phone)

Banish the blue light from your bedroom and still get to work on time.



KATE MOONEY  
@yatinbrooklyn  
kate.mooney@metro.us

It's your iPod, your camera and your alarm: These days, everything

you need is on your mobile phone. Sure, it's convenient to have it all in one place, but it also makes it difficult to ever fully get off the grid. When it comes to getting a good night's snooze, studies have shown that exposure to the blue light of the screen can suppress melatonin and alter

circadian rhythms, negatively affecting the sleep cycle. Why not get the device off your nightstand, even out of your bedroom entirely? Sub in one of these stylish alarm clocks so you can have a restful, (mostly) tech-free night and still make it to work on time the next morning.



#### Slab Beech Click Clock, *Gingko*, \$75

Prop this smart wooden timepiece on your nightstand and sleep without any pesky digital light to disturb you. When you need to know the time — or the date or temperature — snap your fingers or tap your nightstand, and subtle green LED lights will display the digits. You won't see them again until the alarm goes off in the morning. Comes with a rechargeable battery.

#### Philips Wake Up Light, *Amazon*, \$79.99

This light-therapy lamp will help ease you out of bed with nature sounds (or FM radio) and changing colors to simulate the sunrise. Pre-bed, try the sunset feature, which will dim the lights little by little as you fall asleep.



#### London Retro Alarm Clock, *Uncommon Goods*, \$30

Wow, remember telling time on an actual face clock? Wake up old-school style with this retro twin-bell alarm clock in schoolhouse red. When it sounds off, it's loud enough to rouse you. Requires one AA battery.



#### Moonbeam Alarm Clock, *L.L. Bean*, \$59.95

This retro timepiece, which hails from 1952, now has a modern upgrade: a USB port and LED lighting, which flashes in tandem with its beeping alarm. Color options come in muted pastels, anchor gray, vanilla, bluegrass, bay blue and pale green.

ALL PHOTOS PROVIDED

#### Clocky Run Away Alarm Clock, *Nanda*, \$39.99

If you want to get a literal running start to your day, try this "Shark Tank" sensation. If you snooze, this clock on wheels will leap off your nightstand and run away beeping, forcing you to hop out of bed to silence it. Available in flashy hues from chrome to gold to raspberry, it also brightens up your home decor.







# NEWLY CONSTRUCTED APARTMENTS FOR RENT

**Heritage Homes Phase III** is pleased to announce that applications are now being accepted for **33** affordable housing rental apartments now under construction near **Winthrop and Brook Streets, New Rochelle, NY 10801**. These units are being developed by Horton Winthrop III LLC and financed by New York State Homes and Community Renewal. The size, rent, and targeted income distribution for the 33 apartments are as follows:

Total Annual Income Range\*\*

Apartments Available	Apartment Type	Household Size	Monthly Rent *	Minimum Income	Maximum Income
9	2 Bedroom	2	\$ 928.00	\$32,537	\$35,680
		3	\$ 928.00	\$32,537	\$40,120
		4	\$ 928.00	\$32,537	\$44,560

2	3 Bedroom	3	\$ 1,071.00	\$37,611	\$40,120
		4	\$ 1,071.00	\$37,611	\$44,560
		5	\$ 1,071.00	\$37,611	\$48,160
		6	\$ 1,071.00	\$37,611	\$51,720

Apartments Available	Apartment Type	Household Size	Monthly Rent *	Minimum Income	Maximum Income
6	2 Bedroom	2	\$ 1,167.00	\$40,731	\$ 44,600
		3	\$ 1,167.00	\$40,731	\$ 50,150
		4	\$ 1,167.00	\$40,731	\$ 55,700

4	3 Bedroom	3	\$ 1,346.00	\$47,040	\$ 50,150
		4	\$ 1,346.00	\$47,040	\$ 55,700
		5	\$ 1,346.00	\$47,040	\$ 60,200
		6	\$ 1,346.00	\$47,040	\$ 64,650

Apartments Available	Apartment Type	Household Size	Monthly Rent *	Minimum Income	Maximum Income
7	2 Bedroom	2	\$ 1,405.00	\$48,891	\$ 53,520
		3	\$ 1,405.00	\$48,891	\$ 60,180
		4	\$ 1,405.00	\$48,891	\$ 66,840

5	3 Bedroom	3	\$ 1,621.00	\$56,469	\$ 60,180
		4	\$ 1,621.00	\$56,469	\$ 66,840
		5	\$ 1,621.00	\$56,469	\$ 72,240
		6	\$ 1,621.00	\$56,469	\$ 77,580

In addition, 4 units will be designated for households with at least one member who has a mobility impairment and 2 units will be designated for households with at least one member who has a vision and/or hearing impairment

\*Monthly rent includes gas for cooking and heating (Tenant pays Electricity).

\*\*Income guidelines subject to change.

Applicants will be required to meet income guidelines and additional selection criteria to qualify. Applications may be requested by mail from Cornell Pace Inc., 542 Main Street, 3rd Floor, New Rochelle, NY 10801. Please include a self-addressed legal-sized envelope with your application request. Applications may also be obtained on the following website: [www.cornellpace.com](http://www.cornellpace.com) Completed applications must be returned by **regular mail only** to a post office box number that will be listed with the application, and must be postmarked by October 16, 2017 Applications postmarked after October 16, 2017 will be set aside for possible future consideration. Applications will be selected by lottery. Applicants who submit more than one application will be disqualified. Disqualified applicants will not be accepted.

**No Brokers Fee. No Application Fee.**

Andrew M. Cuomo - Governor

RuthAnne Visnauskas - Commissioner/CEO  
of NYS Homes and Community Renewal



Fortune, a Southampton oceanfront estate originally built for Henry Ford, has hit the market as the most expensive property in the Hamptons. PROVIDED

## Henry Ford Estate in Southampton lists for record \$175M

This is the most expensive property on the market in the Hamptons.

basketball and tennis courts, a 60-foot pool and a six-car garage.

The property dates back to 1960 and has three separate wings, including one with its own separate entrance, according to previous reports.

diately clear what Earl paid for the property. She bought it under the guise of an LLC, Yumi & The Kids, registered to her address at 1165 Fifth Avenue.

Bespoke Real Estate, headed by brothers Cody and Zach Vichinsky, has the listing.

If it sells for its asking price, the property would be the most expensive home ever sold in the Hamptons. The record price paid for a U.S. property was set by another Hamptons property in 2014, when hedge fund manager Barry Rosenstein, of Jana Partners, paid \$147 million for a home in East Hampton.

The most expensive home currently on the market in the U.S. is the Bel Air home of late Univision chairman Jerrold Perenchio, which hit the market earlier this month for \$350 million.

KATHERINE CLARKE

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.

**THE REAL DEAL**  
REAL ESTATE MAGAZINE

Portfolio manager Brenda Earl, a former partner at equity fund Zweig-Dimenna, will list her massive Hamptons estate for \$175 million, making it the most expensive property on the market in the Hamptons.

Earl acquired the massive oceanfront estate, which was originally built for Henry Ford, in 2002, records show. Known as Fortune, the compound sits on 42 acres and comprises a 20,000-square-foot main house with 12 bedrooms, a carriage house,



Downtown Southampton ISTOCK



# PRESEASON A SILLY RISK FOR NFL'S BIGGEST STARS

OPINION

**JOE PANTORNO**  
@JoePantorno

Besides the Floyd Mayweather-Conor McGregor fight, you might not find a thing in sports more overblown than preseason football.

A sport that does everything it can to stay relevant in the summer months brings an onslaught of shows and commercials with people yelling at you that "FOOTBALL IS BACK."

I get it, exhibition games are important to you and to a lot of football fans that refuse to support any other form of competition.

But it's nothing more than a liability for the game's best players.

I understand that preseason football is imperative for rounding out the roster and giving every

man a chance to prove to management that they can cut it in the pros.

Those are the guys who want it most. Those are the guys that are going to compete like it's the regular season or even the postseason. They're playing for their football lives.

The only thing preseason football does to the starters and the stars is present an opportunity to get injured before the real thing starts.

We almost saw that twice Monday night when New York Giants wide receivers Odell Beckham Jr. and Brandon Marshall left early against the Cleveland Browns after suffering apparent injuries.

Beckham was cut down at the knees by Brieon Boddy-Calhoun after going up for a reception.

Luckily for Giants fans, it was just an ankle sprain for Beckham as X-rays came back negative.

The word is still out on Marshall though, who was



Odell Beckham Jr. suffered an ankle sprain during the Giants' 10-6 loss to the Cleveland Browns on Monday. GETTY IMAGES

hit hard by rookie safety Jabril Peppers in the first quarter.

While the Giants did not provide updates during the game, Marshall had X-rays done and told reporters later on Monday night that he was

dealing with a sore left shoulder.

The X-rays came back negative on Tuesday evening.

What was all this trouble for? A game that means absolutely nothing to either Beckham or

Marshall or Eli Manning or Landon Collins.

Feel free to try and tell me that the preseason is needed for all the starters to jell and settle in. Sorry, I'm not buying it. That's what training camp and practice is for.

You can't tell me that any of the game's biggest stars need to play 1-to-3 quarters of meaningless football to get ready for the regular season. You think Odell Beckham really needs to play a couple quarters against the Browns to prepare for a game he's been training to play his whole life?

But this is the NFL and at the end of the day, it's a money grab.

The league can't put butts in the seats if the marquee men are wearing sweatpants on the sideline.

Tickets for Saturday's Snoopy Bowl against the Jets are starting at around \$50, and that's for seats in the nosebleeds behind each end zone.

No one is going to pay that to see Tavarres King as the Giants' No. 1 receiver.

So I absolutely get why your favorite player is risking serious injury.

It's just totally unnecessary.

## Worst preseason injuries in Giants history



**PHILSIMMS**  
**1982**

**INJURY: TORN KNEE LIGAMENT**

After seeing his 1981 season cut short due to a separated shoulder, Simms suffered another serious injury against the Jets in preseason play. The knee issue would hold him out for the entire 1982 season, forcing the team to go with Scott Brunner. Big Blue would go 4-5 in the strike-shortened season.



**ZEKEMOWATT**  
**1985**

**INJURY: TORN MCL (KNEE)**

Mowatt was developing into a star tight end with the Giants after a second-year campaign in 1984 saw him record 698 yards and six touchdowns. Shoddy turf at Three Rivers Stadium in Pittsburgh led to Mowatt tearing his MCL, sidelining him for the year and bringing his development to a screeching halt.



**JASONSEHORN**  
**1998**

**INJURY: TORN ACL, MCL**

The cornerback was developing into one of the best defenders in the NFL, recording 11 interceptions in the previous two years. But Sehorn wanted to return kicks and on his first return opportunity of the preseason against the Jets, he tore both his ACL and MCL, missing the entire season.



**OSIUMENYIORA**  
**2008**

**INJURY: TORN MENISCUS (KNEE)**

Fresh off an improbable Super Bowl win, Big Blue was expected to make a serious charge at a repeat. Umenyiora was coming off a 13-sack campaign as one of the cornerstones of the defensive line, but against the Jets again, his knee locked up while going after Brett Favre, prompting the season-ending injury.

# MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email [peter.blankenstein@metro.us](mailto:peter.blankenstein@metro.us)



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## HIV RESEARCH STUDY

We understand HIV can be a roller coaster and it is difficult to stay on HIV medications and go to medical appointments. The Heart to Heart 2 Program addresses these issues **without judgment or pressure**. We get it.

We are looking for people who are **struggling with HIV medications and HIV care** for a research project conducted by the NYU Meyers College of Nursing.

You must be between the ages of 18 – 65 years old, living with HIV, living in the NYC metropolitan area, and African American/Black or Latino/Hispanic to participate.

Contact us at **646-580-2725** for more information and to see if you qualify for the study. Compensation is provided and your participation is confidential.

Approved by the NYU School of Medicine  
IRB #s 15-01480 PI: Marya Gwadz, PhD

# DO YOU HAVE HIGH BLOOD PRESSURE?

You're invited to take part in a study near you that is evaluating an **investigational device for its ability to lower high blood pressure**.

You may qualify if you're **between 20–80 years old** and have high blood pressure or are taking medications to manage your high blood pressure.

To learn more about this study and to see if you're eligible:

Visit [www.highbloodpressuretrials.com](http://www.highbloodpressuretrials.com)

**Call 877-526-7980**

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**Medtronic**  
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**Has your thinking slowed down over time?**  
**Do you walk and move more slowly than you used to?**  
**Is your energy level lower than you'd like it to be?**

Join a research study at the Columbia University Medical Center. We are looking for participants aged 60 or older to get involved. This study is happening at 168th Street and Broadway in Manhattan. If eligible you could get:

- ✓ A free medical evaluation
- ✓ Free treatment with an experimental medication

Call us at **646-774-8655** if you would like to learn more or participate.

## Have you recently been diagnosed with Obstructive Sleep Apnea?

You may be eligible to participate in a research study!

**Where:** Columbia University Medical Center

**Who:** If you...

- are between 18 – 65 years of age
- have a body mass index > 25 kg/m2
- were recently diagnosed with Obstructive Sleep Apnea
- planning to use continuous positive airway pressure (CPAP)

**Duration:**

- 9 weeks
- 2 periods of 1 day spent in the laboratory

You will be asked to use a CPAP machine at home, each night for 8 weeks. We will measure your sleep, physical activity, and food intake before and after treatment.

Your participation will help us better understand the impact of sleep and CPAP treatment on body weight control.

You will receive compensation up to **\$500**.

Please email [as4874@columbia.edu](mailto:as4874@columbia.edu) or call 212-342-4487 for more information.



**NYU School of Medicine**  
1601 Amsterdam Avenue, Box 230  
New York, NY 10032

## SLEEP STUDY RESEARCH VOLUNTEERS

Have you been recently diagnosed with sleep apnea?

If so, you may be eligible for a sleep study about patients newly diagnosed with sleep apnea.

- Volunteers must be 18 or older.
- Volunteers will be asked to fill out surveys and wear a watch that monitors sleep for 1 week.
- Volunteers will be paid for their time.

For more information, please call: **212-263-5117** or **646-501-2600**

## Are DRUGS or ALCOHOL a problem for you?

Are you at least 18 years old?

You may qualify to participate in a **CONFIDENTIAL** research study!

If eligible, you will receive **\$305** in gift cards for full participation in the study.

To learn more, call: **646-774-7931**

Substance Dependence Research Group  
New York State Psychiatric Institute



**Do you have an alcohol problem?**  
**Are you 18 years or older?**

NYU School of Medicine is seeking adult volunteers to participate in a research study evaluating the effectiveness of medications in reducing alcohol use.



Eligible participants will receive treatment at no cost and be seen at Bellevue Hospital Center. Compensation will be provided for time and travel.

For more information call  
**(347) 714-4254**  
NYU School of Medicine  
All information held confidential

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## LEGAL NOTICES

### NOTICE OF FORMATION

of Fast Life Barbershop, LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 04/27/2017. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 1741 Amsterdam Ave., New York, NY 10032. Purpose: Any lawful activity.

**NOTICE IS HEREBY GIVEN** that a license, Number Pending, for Tavern Wine has been applied for by the undersigned to sell Wine & Beer at retail in a Tavern under the Alcoholic Beverage Control Law at 328 West 12th St., New York, NY 10014. New York County, for-on-premises consumption. FT328, LLC d/b/a Bar Veloce

**NOTICE IS HEREBY GIVEN** that a license, Number 1304534, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 61-27 186th St., Fresh Meadows, NY 11365, for on premises consumption. Mayflower International Hotel Group Inc.

**NOTICE IS HEREBY GIVEN** that a license, Number 1304188, for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 92-10 Corona Ave., Elmhurst, NY 11373, for on premises consumption. Mi Taqueria Tote Restaurant Corp.

## LEGAL NOTICES

### NOTICE OF SALE

SUPREME COURT:  
QUEENS COUNTY  
FEDERAL NATIONAL  
MORTGAGE ASSOCIATION;  
Plaintiff(s) vs. MARIA T  
ANGELITA A/K/A MARIA  
ANGELITA T. PEREZ; et al;  
Defendant(s)  
Attorney (s) for Plaintiff (s):  
ROSICKI, ROSICKI &  
ASSOCIATES, P.C.,  
2 Summit Court, Suite 301  
Fishkill, New York 12524  
845.897.1600

Pursuant to judgment of foreclosure and sale granted herein on or about May 8, 2017, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHIN BOULEVARD, JAMAICA, NEW YORK, IN COURTROOM # 25.

On September 1, 2017 at 10:00 am. Premises known as 152-18 Union Turnpike, Flushing, NY 11367 Block: 6713 Lot: 2029

ALL that certain piece or parcel of real property, situated and being a part of a condominium in the City of New York, County of Queens and State of New York, known and designated as Home No. 2R, Building 2, together with an .2771% undivided interest in the common elements of the condominium hereinafter described as the same is defined in the Declaration of Condominium hereinafter referred to. The real property above described in a Home shown on the plans of the condominium prepared and certified by George R. Haubenreich, licensed surveyor, and by Peter R. Gray, A.I.A., registered architect and filed in the Office of the Register of the City of New York, Queens County, on the 21st day of December 1973 as Map No. c-14 is defined in the Declaration of Condominium entitled Village Mall at Hillcrest Condominium made by Village Mall at Hillcrest, Inc. under Article 9-B of the New York Real Property Law, dated July 23, 1973 and recorded in the Office of the Register of the City of New York, Queens County, on the 25th day of July 1973 in Reel 687 at page 1145, as said Declaration of Condominium is amended and restated by Amended Declaration of Condominium dated December 21, 1973, recorded in the Office of the Register of the City of New York, Queens County, on the 21st day of December, 1973 in Reel 725 at page 227 and as further amended by an Amendment to Declaration dated January 29, 1974 and recorded in the Office of the Register of the City of New York, Queens County, on February 6, 1974 in Reel 734, page 2000, covering the property therein described.

As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale. Approximate amount of judgment \$108,705.55 plus interest and costs. INDEX NO. 27675/07 Zenith T. Taylor, Esq., Referee

**NOTICE IS HEREBY GIVEN** that a license, Number 1304349, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 152 7th Ave., Brooklyn, NY 11215, for on premises consumption. Delight 152 Inc.

**NOTICE IS HEREBY GIVEN** that a license, Number 1304544, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 433 Dekalb Ave., Brooklyn, NY 11205, for on premises consumption. M T Thai Corp.

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## PSYCHICS

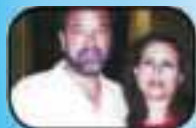
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### Across

- 1 Space, poetically  
6 Bloke  
10 In the distance  
14 Jostle  
15 Blarney Stone site  
16 Corker  
17 TV sets  
18 Moved on  
19 List detail  
20 Worried, plus  
22 Suffuses  
24 Pen part  
25 Ramp alternative  
26 Confront boldly  
30 Lands, as a fish (2 wds.)  
32 Lumber along  
33 Most aloof  
35 Plant crops  
37 Remains undecided  
39 Short distance  
40 -- voice (softly)  
42 -- Mahal  
43 Foot, slangily  
46 Bumpkin  
47 Auto garage jobs  
49 Historical periods  
51 Polite blokes  
52 Pasture sound  
53 Ice cream choice  
55 Tritest  
60 Teeny bit  
61 Shepard or Greenspan

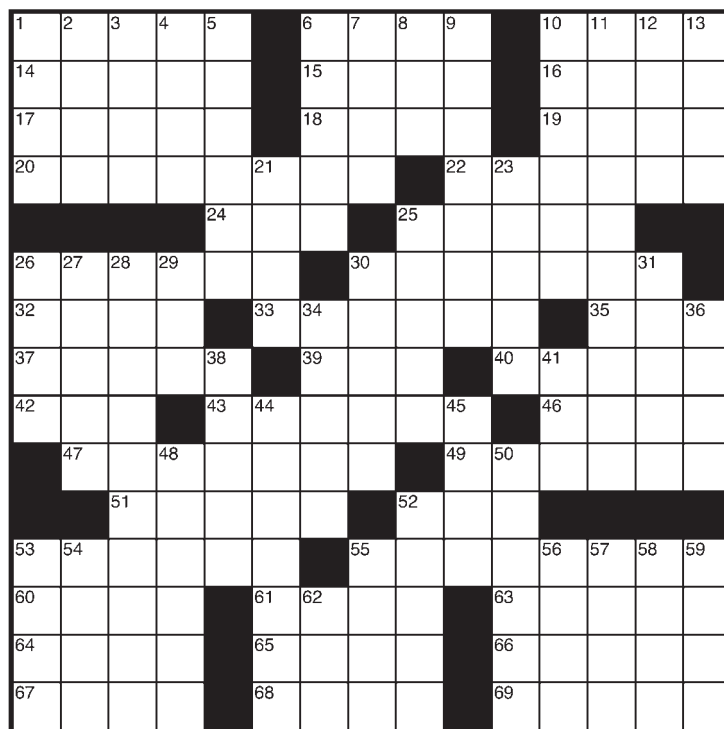
- 63 Performer on stage  
64 Travel on snow  
65 Encompass  
66 Lettuce  
67 "I did it!" (hyph.)  
68 House wings  
69 Pester

### Down

- 1 This, in Havana  
2 Hoodlum  
3 Tramp  
4 Neck and neck  
5 Gums  
6 Media star  
7 Made haste  
8 Kennel sound  
9 Small sizes  
10 Cover stories  
11 Ahead of the times  
12 Sheltered  
13 Sugar cane products

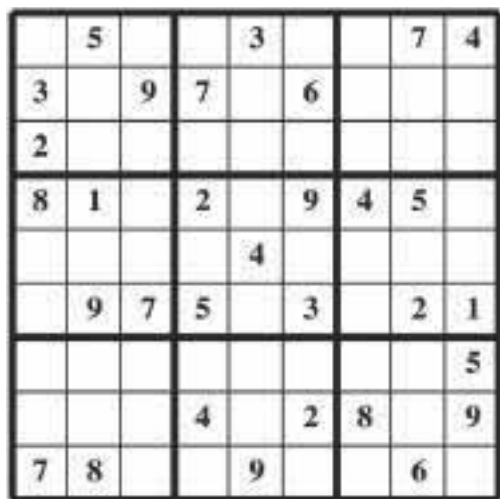
- 21 Tubular pasta  
23 Soda fountain treats  
25 Percolates  
26 Client mtg.  
27 Football shoe part  
28 Inflected  
29 Not common  
30 Civil disturbances  
31 V-shaped cut  
34 Meat market buys  
36 Stir-fry pans  
38 Pool member  
41 Cry of discovery  
44 Scandal  
45 Summer to summer  
48 Sagebrush State  
50 Straw hat  
52 Investment category  
53 Show of anger  
54 "Run -- Run"  
55 Jung or Sagan  
56 Desktop picture  
57 School near Windsor  
58 Pilot's test  
59 Cafeteria tote  
62 Dogpatch's -- Abner

## metro.us/crossword

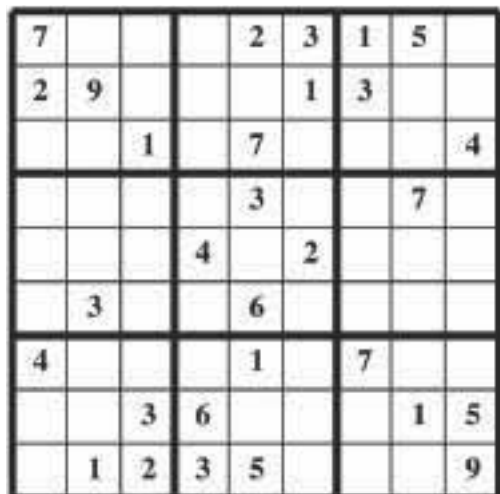


## metro.us/sudoku

easy



hard



## metro.us/horoscopes



**Aries** Emotions will be difficult to control. Look for the positive in any situation you face. A challenge should be met with intelligent action, not with brute force.



**Taurus** Patience will be required when dealing with peers. Joint ventures could turn out to be a nightmare if you and your partner(s) cannot agree on responsibilities.



**Gemini** Consider the information you have been given and what is pertinent to the situation you face with a partner or someone asking too much of you, and do what's necessary.



**Cancer** Look for an innovative way to make your home and surroundings more comfortable. A discussion with a friend or relative will motivate you to make a personal adjustment.



**Leo** Channel your energy into something that will make you happy, give you more time or provide an improved space to pursue your dreams. Discipline will lead to progress.



**Virgo** Pour your heart and soul into the things you enjoy doing most. Surround yourself with good, hard-working, honest people and aim to reach your goals.



**Libra** Take better care of your health and protect your reputation. Don't feel the need to make an impulsive change to your lifestyle because someone is pressuring you.



**Scorpio** Use your charm and sensitivity to win favors and make unique contributions to a cause or effort. Romance is highlighted, but possessiveness must be curbed.



**Sagittarius** Confusion will take the reins if you are gullible. Question anything that appears sketchy. If you feel you need space, visit a place that offers tranquility.



**Capricorn** A business meeting will be informative. Share your concerns and offer suggestions that will make what's being offered more enticing. Don't go over budget.



**Aquarius** Before you commit your time or money to help someone, consider if it will hinder you from taking care of personal responsibilities. Offer good advice.



**Pisces** Share necessary information, but not your opinions or secrets. A thoughtful gesture will improve a relationship with someone you care about. **EUGENIA LAST**

Yesterday's answers									
TESLA	UGH	SAVED							
AVAIL	NEE	UTILE							
MERIT	POW	BATIK							
SRA	ODE	NARRATE							
THROUGH	SOILED								
ENE	AMPS								
VERBALIZE	AMBIT								
ACHE	SNIDE	AURA							
TOOLS	DESPAIRED								
TOYS	EIN								
TEACUP	THEREBY								
ALDENTE	ESS	RAP							
UBOAT	TAX	HEIRS							
NORSE	ADE	OMENS							
TWEED	LAD	WURST							

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